



2008

24th Annual

DALLAS

AREA

SENIOR

GAMES

April 1-April 19

Cycling May 17-May 18

2008 Dallas Area Senior Games

2008 Dallas Area Senior Games

Qualifying Events

Archery

Compound Fingers, Compound Release, Recurve, Barebow Recurve, and Barebow Compound. Hosted by Irving Bow Hunters Association.

Date: Saturday, April 5, 2008

Time: 10:30 a.m.

Location: Irving Bow Hunters Association
Map included with confirmation letter

Cost: \$5.00 per event

Code: Barebow Compound	5
Barebow Recurve	6
Compound Fingers	7
Compound Release	8
Recurve	9

Badminton

Singles, doubles and mixed doubles. You must have a partner to enter. Each match consists of two out of three games. These are 15 point games. USBA rules apply.

Date: Wednesday, April 9, 2008

Time: 9:00 am

Location: Reverchon Recreation Center
3505 Maple Ave. Dallas, TX

Cost: \$5.00 per event

Code: Singles	10
Doubles	11
Mixed Doubles	12

Basketball 3 on 3

Half court with twelve-minute running halves. The roster limit is ten. Athletes may play on only one team. Number of teams will determine the tournament format.

Date: Thursday, April 3, 2008

Time: 9:00 a.m.

Location: Loos Athletic Complex
3815 Spring Valley Rd.
Addison, TX

Cost: \$5.00 per player

Manager responsible for \$15.00 team fee
Code: 1

Bowling

Singles, Doubles, and Mixed Doubles Tournament format will be scratch scores. Each participant will bowl one series of three games with a final total score determining place within age category.

Location: AMF Irving Lanes
3450 Willow Creek
Irving, TX

Date: Tuesday, April 8, 2008

Time: 9 a.m. Code

Men's Singles 14

Women's Singles 16

Time: 12 noon Code

Women's Doubles 20

Men's Doubles 18

Mixed Doubles 22

Cost: \$6.00 per event

Cycling

5K and 10K time trials 20K and 40K Road Race. Cyclists must provide their own bicycles and helmets, which must be certified by race officials prior to competition. Check-in will be in the parking lot South of the Rest Room building accessed from 114 to the service road around the Speedway. We have added a Novice, Tandem and Recumbent division for all age groups in all TT's and RR's. You are eligible for the Novice division if you are NOT a USCF racer and did NOT medal in last year's Games. These divisions will not advance to the State Games in September.

Time: 9:00 a.m.

Location: Texas Motor Speedway
3601 Highway 114
Justin, TX

For additional information contact 214-670-6266 or jessica.hopkins@dallascityhall.com

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Cost: \$32.00
 Date: Saturday, May 17, 2008 Code:

<u>5K Time Trial</u>	24
Recumbent	103
Novice	104
Tandem	105
<u>10K Time Trial</u>	25
Recumbent	106
Novice	107
Tandem	108
	Code:
<u>20K Road Race</u>	26
Recumbent	109
Novice	110
Tandem	111
<u>Sunday, May 18, 2008</u>	
<u>40K Road Race</u>	27
Recumbent	112
Novice	113
Tandem	114

of entries will determine tournament format.

Date: Thursday, April 10, 2008
 Time: 9:30 a.m.
 Location: Meadowbrook Park
 1400 Dugan
 Arlington, TX

Cost: \$5.00 Code: 29

Race Walk

Participants must use proper Race Walking techniques or risk disqualification.

Date: Saturday, April 12, 2008
 Location: TBA

Athletes will be called and/or emailed with location.

Cost: \$5.00 per event
 Time: 8:00 a.m. code

Race Walk 1500M	30
<u>After track events completed</u>	
Race Walk 5K	31

Golf

Tournament will be 18 holes of scratch play. Entry fee includes ½ cart fee. USGA rules apply.

Date: Wednesday, April 9, 2008

Time: 8:00 a.m.

Location: Keeton Park Golf Course
 2323 Jim Miller Rd.
 Dallas, TX

Cost: \$28.00

Code: 28

Horseshoes

Participants are encouraged to bring their own horseshoes, which will be certified by event officials prior to competition. Games will be played to twenty-one points, or high score after thirty shoes are pitched. Women 50-74 will pitch a minimum distance of 30 feet; Women 75+ will pitch a distance of 20 feet; Men 50-69 will pitch a distance of 45 feet; Men 70+ will pitch a minimum distance of 30 feet. The number

Racquetball

Eyewear designed for racquet sports is mandatory. Balls will be provided. The number of entries will determine tournament format. Racquetball doubles have to be same sex.

Date: Friday, April 4, 2008

Time: 10:00 a.m.

Location: Maverick Racquetball Club
 1919 W. Pioneer Parkway
 Arlington, TX

Cost: \$7.00/each event

Code: Racquetball – Singles	32
Racquetball — Doubles	33

Shuffleboard

Singles and Doubles. Matches will consist of 12 frames. In case of a tie, two extra frames will be played until the tie is broken. Maximum length of cue is 6'3".

Date: Wednesday, April 9, 2008

Time: 10:30 a.m.

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Location: Bachman Recreation Center
2750 Bachman Dr.
Dallas, TX

Cost: \$3.00/each event

Code: Shuffleboard – Singles 36
Shuffleboard – Doubles 37

Swimming

US Masters Swimming rules will govern meet. Swimmers must provide their own suits, caps, goggles, towels, etc.

Code:		Code:	
50 Back	38	100 Fly	45
100 Back	39	50 Free	46
200 Back	40	100 Free	47
50 Breast	41	200 Free	48
100 Breast	42	500 Free	49
200 Breast	43	100 IM	50
50 Fly	44	200 IM	51

Date: Saturday, April 19, 2008

Time: 10:15am (events start)

Location: Loos Natatorium
3815 Spring Valley Rd.
Addison, TX

Cost: \$5.00 per event

Registration will begin at 9:00am, followed by warm up time; events will start at 10:15am.

Table Tennis

Doubles, Mixed Doubles, & Singles competition. Balls will be provided. The number of entries will determine tournament format.

Date: Monday, April 7, 2008

Time: 9:00 a.m.

Location: Senter Recreation Center
901 S. Senter Rd.
Irving, TX

Cost: \$5.00 per event

Code: Table Tennis – Singles 52
Table Tennis – Doubles 53
Table Tennis – Mixed Doubles 54

Tennis

Singles, Doubles, and Mixed Doubles.

Best 3 sets with regular scoring. Balls will be provided. Forfeit enforced 30 minutes after scheduled match.

Date: April 1-2, 2008

Time: 9:00 a.m.

Location: L.B. Houston Tennis Center
11223 Luna Road, Dallas, TX

Cost: \$10.00 per event

Date: <u>Tuesday, April 1, 2008</u>	Code
Tennis – Singles	55
<u>Wed., April 2, 2008</u>	
Tennis- Doubles	56
<u>Wed., April 2, 2008</u>	
Tennis- Mixed Doubles	57

Track & Field

Participants should carefully consider the number of events they are committing to when filling out entry form.

Location: TBA

Athletes will be called and/or emailed with location.

Field Events

Date: Friday, April 11, 2008

Time: 12:00 p.m.

Track Events

Date: Saturday, April 12, 2008

Time: 8:30 a.m.

Cost: \$5.00 per event

	Code		Code
<u>Track</u>		<u>Field</u>	
50 M	85	Discus	65
100 M	60	Javelin	67
200 M	61	Shot Put	70
400 M	62	High Jump	66
800 M	63	Long Jump	68
1500M	64	Triple Jump	102
		Hammer throw	101

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Recreational Events

Basketball Around The World

Best of 14 shots from each mark around the court. Shooting distances are: Men 50-69 will shoot around the "3 point line" and Female competitors and Male 70+ will shoot around the "key".

Date: Friday, April 4, 2008

Time: 11:00 am

Location: Grauwlyer Recreation Center
7780 Harry Hines Blvd
Dallas, TX

Cost: \$5.00 per player

Code: 72

Basketball Free-Throw

Best of twenty-five shots from the free throw line. Shooting distances are: Men 50-69 and Women 50-59 standard 15 ft./ Men 70+ and Women 60+ adjusted 11 ft. Age groups 50-64, 65-74, 75+.

Date: Friday, April 4, 2008

Time: 9:00 am

Location: Grauwlyer Recreation Center
7780 Harry Hines, Dallas, TX

Cost: \$5.00

Code: 73

Bridge

Open Event. Duplicate Bridge. No separate Men's and Women's Divisions, nor age groups. Participants must register as a pair and designate themselves as either beginner, immediate or advanced players. The three highest pairs' scores in each division will receive medals.

Date: Wednesday, April 16, 2008

Time: 9:00 a.m.

Location: Churchill Recreation Center
6906 Churchill Dr., Dallas, TX

Cost: \$5.00

Advanced Code: 86

Intermediate Code: 87

Beginner Code: 97

Dominoes

No separate Men's & Women's Divisions. Age groups 50-64; 65-74; and 75+. The 2 persons who start as partners will finish as partners.

Time: 10:00 a.m.

Tuesday, April 1, 2008 Code:

Dominoes – Doubles 77

M.L. King Jr. Recreation Center
2922 M.L. King Blvd., Dallas, TX

Thursday, April 3, 2008

Dominoes – Singles 76

M.L. King Jr. Recreation Center
2922 M.L. King Blvd., Dallas, TX

Cost: \$3.00/each event

Pickle Ball

Pickleball is a simple paddle game played on a badminton-sized court. The ball is served underhanded without bouncing it off the court, and is served diagonally to the opponent's service zone. The first side scoring eleven points and leading by a two point margin wins.

Date: Friday, April 4, 2008

Time: 8:00 am

Cost: \$ 3.00

Location: Harry Stone Recreation Center
2403 Millmar Dr, Dallas

Code: 58

Washer Pitching

Age groups 50-54; 55-59; 60-64; 65-69; 70-74; 75-79; 80-84; 85+. 2 1/2" flat washers will be pitched into 3" diameter pipe, 21' from center to center. Washers will be furnished. The number of entries will determine tournament format.

Date: Thursday, April 10, 2008

Time: 11:00 a.m.

Location: Meadowbrook Park
1400 Dugan, Arlington, TX

Cost: \$5.00

Code: 84

For additional information contact 214-670-6266 or jessica.hopkins@dallascityhall.com

2008 Dallas Area Senior Games

DATES AND LOCATIONS

APRIL-08

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
		Tennis Singles L.B. Houston Tennis Center Dominoes Doubles M.L. King Rec. Center	Tennis Doubles L.B. Houston Tennis Center	Basketball 3 on 3 Loos Athletic Complex Dominoes Singles M.L. King Rec. Center	Basketball Free Throw Around the World Grauwyler Rec. Center Racquetball Maverick Racquetball Club Pickle Ball Harry Stone Rec. Center	Archery Irving Bow Hunters Association
6	7	8	9	10	11	12
	Table Tennis Senter Rec. Center	Bowling Singles Doubles Mixed Doubles AMF Irving Lanes	Golf Keeton Park Golf Course Badminton Reverchon Rec. Center Shuffleboard Bachman Rec. Center	Horseshoes Washers Meadowbrook Park	Field TBA	Track Race Walk TBA
13	14	15	16	17	18	19
			Bridge Churchill Rec. Center			Swimming Loos Natatorium

MAY-08

						17
						Cycling 5K Time Trial 10K Time Trial 20K Road Race
18						
Cycling 40K Road Race						

2008 Dallas Area Senior Games

GENERAL INFORMATION

Eligibility: Open to anyone age 50+ as of December 31, 2008. Age categories will be in five year increments for most men and women's events.

Registration: All registration forms & fees must be received by March 17, 2008. *Registrations received after March 17 will be subject to a \$5.00 late fee. If late fee applies but not included, registration will not be accepted. No registration forms will be accepted after March 21st.* The liability release form must be signed and must accompany your registration form. Confirmation of entry will be sent by return mail.

Clothing & equipment: All athletes must wear athletic type clothing and shoes, which are usual and customary for the sport in which they are competing. Any equipment a participant uses must meet the standards of that sport. Participants are expected to provide their own equipment unless stated in the event description section. Team uniforms-team clothing (shirt, pants/shorts) must be of like design and color. Teams must have both "home" and "away" numbered shirts.

Awards: Medals will be awarded to 1st, 2nd and 3rd place finalists, following completion of event & announcement of winners, with the exception of where other awards are indicated.

T-shirts: Every athlete will receive a complimentary T-shirt. Please circle the size you want on entry form.

Meals: Meals will not be provided.

Additional information: Telephone assistance is available from 10:00am-4:00pm Monday-Friday. Please call (214) 670-6266.

How many events/sports may I enter? You may enter as many sports/events as you desire as long as the events are not held at conflicting times

Cancellations: In the event of inclement weather, insufficient registration, or unusual and extenuating circumstances, Dallas Area Senior Games officials reserve the right to modify rules and formats, or to cancel events.

Rules: For complete rules go to www.tsga.org or www.nsga.com. The Event Coordinator is the final authority for rules interpretation.

Unsportsmanlike Behavior: Profanity or disruption of an event will not be allowed and could result in disqualification of the participant for that event and/or the Games.

Refunds: No refunds will be given due to inclement weather or unusual and extenuating circumstances beyond our control. Requests for refunds due to health reasons must be received no later than April 30, 2008.

2008 Dallas Area Senior Games

Registration Fees: \$10.00 entry fee plus event fee and team fee (if applicable) when registered by March 10, 2008.

Make check/money orders payable to:

Dallas Area Senior Games

Send registration forms to:

Dallas Area Senior Games
Dallas Park & Recreation Dept.
2750 Bachman Dr.
Dallas, TX 75220

Packet pick-up: Packets will be distributed at your first event. If necessary, participants can pick-up their packet at Bachman Recreation Center, 2750 Bachman Drive, Dallas, TX 75220 after April 1, 2008.

Age for competition: Age divisions for all singles competition will be determined by the athlete's age on December 31, 2008. Age division for all doubles competition will be determined by the younger age of the two players as of December 31, 2008. Age division for teams will be determined by the youngest player's age as of December 31, 2008.

Age division of competition: All athletes must be at least 50 years of age as of December 31, 2008 to compete in the Dallas Area Senior Games. The following age categories will apply to both men and women for all individual and doubles competition unless otherwise specified in the event descriptions: 50-54; 55-59; 60-64; 65-69; 70-74; 75-79; 80-84; 85-89; 90-94; 95-99; and 100+. All team sports are divided in the following categories for men and women: 50+; 55+; 60+; 65+; and 70+.

Partners/team entry: Each participant must send in a registration form & fee(s) for their event(s) regardless of partner entry. Teams will pay a team entry fee, and each team member must submit a registration form and individual entry fee. Mail together in one envelope: forms & fees for each player, and the roster listing players.

Qualification for State Competition: The top five finishers and those meeting the Minimum Performance Standards will advance to the State competitions that will be held September 19-28, 2008. You can expect to receive an entry form in the Summer. Recreation contests are open events. For more information on Texas Senior Games check the web site www.tsga.org

Record the day, date and time of the events that you enter:

Thanks to the Following:



Dallas Park and Recreation Department

Irving Parks and Recreation Department

Arlington Parks and Recreation Department

Texas Motor Speedway

AMF Irving Lanes

Irving Bowhunters Association

Maverick Athletic Club

Dallas Independent School District